

MEMBER SPOTLIGHT

The Listening Room Café moves from Franklin to Cummins Station

The Listening Room Café Suite 200 259.3600 Myspace.com/thelisteningroomcafe

The Listening Room Café is serving up a coffee bar, food, drinks, and some of Nashville's best songwriters and musicians with its recent opening in Suite 200.

If the name sounds familiar, the original Listening Room Café was located in Franklin. Owner Mark Craven partnered with Chris Blair to expand and move the café/music venue to Nashville.

Cummins Station offered the best location and space, Blair says. "It was perfect for what we wanted to do," he says. "We're doing the same thing he was doing in Franklin; we're just adding a little spice to it."

The Listening Room opens at 7 a.m. each day with simple breakfast food and a full espresso coffee bar. The café is serving 100 percent organic and fair trade coffee from local roasting company Bongo Java, Blair says.

The Listening Room also offers lunch and dinner. Reservations are encouraged, but not required. Food deliveries are free to Cummins Station community members, Blair says.

An after-work happy hour runs from 4-7 p.m. each day. After 7 p.m. the café turns into a "listening room," where songwriters or bands perform, remaining open until 1 a.m. or so, "depending on the show and the crowd," Blair says.

There is an \$8 food/drink minimum during all shows, he says.

With more than double the space of the original café, The Listening Room can expand from small, intimate writers' rounds to include a stage for full-band showcases, he says, adding that upcoming shows can be found on The Listening Room's website.

The laid-back atmosphere, comfortable surroundings and good music of the original Franklin café will continue at Cummins Station, Blair says.

Blair says that the Listening Room has always been "comfortable and homey" — like "hanging out in a family room." He continues that in Cummins Station, "we plan to keep that same feel."



Mark Craven, left, and Chris Blair have brought The Listening Room to Cummins Station.

A special Fall REFRESH event will be held at the Listening Room Café on Thursday, Oct. 2. Cummins Station community members can stop by to enjoy complimentary hors d'oeuvres, drinks, and live music from 4-6 p.m.

Community members can join The Listening Room's mailing list online for ongoing discounts exclusively for community members, performance schedule updates, and happy hour specials.

NEW MEMBERS

360 Artist Agency moves to Cummins Station

360 Artist Agency Suite 341 360.0911
www.360artistagency.com

360 Artist Agency, a full-service talent agency, recently joined Cummins Station's community of resources.

The agency, founded in 2007 by Joey Lee, represents several country music artists including Miranda Lambert, Lee Ann Womack, Clay Walker and Neal McCoy.

360 Artist Agency previously was located on Music Row.

Events & Adventures helps singles connect by sharing fun

Events & Adventures Suite 325 242.1036
www.lotsofevents.com

Events & Adventures, an activities club for singles, has opened its newest office in Cummins Station.

E&A, which has 11 offices in major cities around the country, provides its members with a wide range of events — cruises, cooking classes, sports, museums, etc. — all planned by an expert event staff.

Each event is designed so that singles with common interests can get together in a relaxed, casual environment to socialize and develop new friendships or lasting relationships.

DZL Management Office	259.0999
Security	281.7708
Premier Parking	369.6803
Post Office	369.6860
Submit Newsletter Items	369.6840
goPerformance & Fitness	251.1500
Performance Chiropractic	242.8602
Natural Health Institute	627.4726
Cognito Hair Design	256.8191
CoolBaker's	255.4705
Urban Sun Tan Spa	291.6800
Avenue Bank	252.BANK
Advocate Printing Solutions	467.4545

CUMMINS STATION

Celebrating a century. Vibrant today.

September/October 2008



A Cummins Station Community Publication

HAPPENINGS IN THE AREA

A WORD FROM DZL MANAGEMENT

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COMMUNITY UPDATES

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Lyman Davidson Dooley marks 20 years in business

Lyman Davidson Dooley, Inc. Suite 327 244.7399 www.lddi-architects.com

Lyman Davidson Dooley, an architectural firm and part of the Cummins Station community for 13 years, celebrated its 20-year anniversary in August.

Rowland Davidson and Steve Lyman established the firm in 1988 in Atlanta, Ga. Thomas Dooley joined the partnership 14 years ago and is Principal of the Nashville office. A third office is in Tampa, Fla.

Lyman Davidson Dooley employs more than 70 people who design a diverse range of projects, including church, corporate, government, healthcare, retail/mixed-use, educational, recreational facilities and high-end residential homes.

The Nashville office has focused primarily on healthcare.



Lyman Davidson Dooley, Inc.

ARCHITECTS
INTERIOR DESIGNERS
PLANNERS

TNA Wrestling's new video facility puts production in one, state-of-the-art place

TNA Wrestling Suites 160, 302 www.tnawrestling.com

TNA Wrestling has more than doubled its space at Cummins Station with the recent construction of a 15,000-square-foot production and merchandising facility. The move allows TNA to bring more than 40 employees, who have been working in various locales, all together, says Caroline Williams, TNA's office manager.

"Currently, all of our post-production is being done off site," she says. "With the new facility, we'll be able to do it all here."

With the new first-floor production space (Suite 160), TNA can edit, record, film interviews, mix, create graphics and much more.

"Half is a state-of-the-art production facility and the other half is a merchandising area where they ... can pick, pack and ship T-shirts, DVDs and souvenirs to take to shows that they do around the world," says Cindy Kerr, construction project manager for the expansion. "It's one of the (few) facilities like this in Nashville."

National Building Corp. (Suite 426) started construction in June and turned the completed space over to TNA Aug. 1, Kerr says.

TNA's administrative offices remain on the third floor (Suite 302), where the next project will be to merge their third floor suites into one 10,000-square-foot office space, Williams says.

TNA's television show, *iMPACT!* airs on Spike TV from 8-10 p.m. locally. TNA Entertainment, LLC is a Nashville-based professional wrestling organization reaching over 110 countries worldwide with international and domestic live events and television shows, monthly pay-per-views, and a new videogame by Midway Games scheduled to release Sept. 9.

For more information, visit www.tnawrestling.com.



HAPPENINGS IN THE AREA

Yoga Source SUITE 126

Friday, Sept. 26, 8 p.m.
HuDost in concert, performing experimental world rock.
\$15 (\$12 Advance/Students)
Sunday, Sept. 28, 7-9 p.m.
Yoga of Kirtan – Join new Kirtan artist Keshavacharya Das for an evening of sacred chants (Kirtan).
254.9642 www.yogasource.info

Urban Sun SUITE 227

Customer Appreciation Days
Thursday, Sept. 25
Thursday, Oct. 30
Party including tan and spa discounts, complimentary refreshments and more.
Ongoing: Half-Price single sessions exclusively for Cummins Station community members every Monday.
291.6800 www.urbansuntanspa.com

Frist Center for the Visual Arts

Frist Fridays
Friday, Sept. 26 featuring Denny Diamond
Friday, Oct. 31 The Dynamites featuring Charles Walker
6-9 p.m., rain or shine.
Turner Courtyard. Live entertainment, great art, cash bars and complimentary hors d'oeuvres under the stars.
Frist Center Members: Free. General admission: \$8.50
244.3340 www.fristcenter.org

Hands on Nashville Day

Saturday, Sept. 27, 8 a.m.-noon
The 17th annual Hands On Nashville Day engages nearly 1,300 community volunteers at more than 60 public schools for painting, landscaping, repairs and cleaning. The event's annual growth – it started with about 100 volunteers at a couple of schools – is for two reasons, says Brian Williams, Hands On Nashville's executive director. "First, the school system does a great job as a partner and they definitely have a need. The community can identify with that need – children and education – as an issue they can get behind and support," he says. "Two, we as an agency just continue to fine-tune the event and when people have a good experience, they want to come back." Cost to participate is \$25. Each participant receives a T-shirt and invitation to the post-work celebration. All funds raised are tax deductible and assist Hands On Nashville in connecting volunteers with Middle Tennessee nonprofits, government agencies and schools each year.
298.1108 www.hon.org

Cummins Station Fall REFRESH

The Listening Room Café (Suite 200)
Thursday, Oct. 2, 4-6 p.m.
Live music, complimentary hors d'oeuvres and drinks exclusively for Cummins Station community members.
Contact DZL Management for information.
259.0999 community@cumminsstation.com

Nashville Downtown Partnership

First Saturday Gallery Crawl
Saturday, Oct. 4
6-10 p.m.
Downtown art galleries host receptions and art openings the first Saturday of every month.
www.nashvilledowntown.com

Cummins Station Community Blood Drive

Community Resource Center
Suite 422
Monday, Oct. 13, 10 a.m.-3 p.m.
All community members are welcome to give blood to the American Red Cross. Appointment required.
369.6840 community@cumminsstation.com

Nashville Symphony

Bravo Broadway! A Halloween Spectacular
Thursday, Oct. 30
Friday, Oct. 31
Saturday, Nov. 1
Join Maestro Schram and Broadway veterans Lisa Vroman and Doug LaBrecque for an evening of haunting themes from such fright-filled stage favorites as *Phantom of the Opera*, *Jekyll and Hyde* and *Beauty and the Beast*.
Showtimes and tickets available at
687.6500 nashvillesymphony.org

Land Trust for Tennessee SUITE 530

"Once in a Blue Moon" eighth annual fundraising party
Saturday, Nov. 1
Once in a Blue Moon is a casual, entertainment-filled event, held at the historic Glen Leven farm, 4000 Franklin Road. \$200.
244.LAND (5263) www.landtrusttn.org

Submit your items to Happenings by emailing community@cumminsstation.com

A WORD FROM DZL MANAGEMENT

Dear Community Members:

As we move into fall, Cummins Station and DZL Management are changing the format of our electronic newsletter distribution. In an effort to reduce the number of printed copies and deliver to you a more dynamic newsletter, we will be partnering up with the local email marketing company EMMA.

DZL Management is excited to announce several new members in our community. Please take a moment to read the Community Updates section to learn more about your new neighbors.

A special Fall REFRESH event will be held on Thursday, Oct. 2 inside the newly-opened Listening Room Café (Suite 200). Stop by anytime between 4-6 p.m. for complimentary drinks, hors d'oeuvres, and live music presented by The Listening Room.

DZL is also planning an American Red Cross Blood Drive and a flu shot/wellness clinic this fall in our Community Resource Center (Suite 422). Our goal is to provide community members the convenience of at least three blood drives and one wellness clinic a year. To learn more, contact us at community@cumminsstation.com.

As always we strongly encourage you to make contact with DZL and share with us your company happenings and changes. We greatly appreciate your feedback, as your ideas and participation are integral in our community's evolution.

Best,

Price H. Bell, Jr.
Properties and Operations Manager



Making Strides Against Breast Cancer

Courtesy of Marry Rutland, community member
Lyman Davidson Dooley (Suite 327)

The 2008 Making Strides Against Breast Cancer non-competitive fund-raising walk will be held Saturday, Oct. 25 at LP Field. Registration begins at 8 a.m.; the event begins at 9 a.m.

There is no registration fee and no fund-raising minimum. These noncompetitive walks range in distance from 3 to 5 miles, and men, women, and children of all ages are encouraged to participate.

Last year, nearly 500,000 walkers in 130 communities across America raised more than \$50 million through Making Strides events.

For more information, visit www.cancer.org/stridesonline.

Linking overseas U.S. soldiers to their families

Courtesy of Kellie Nelson, community member
The Mollenkopf Design Group (Suite 414)

If you have an old cell phone you're not using anymore, donate it to Cell Phones for Soldiers, a nonprofit group that has turned old phones into more than 12 million minutes of prepaid calling cards for U.S. troops stationed overseas.

Cell Phones for Soldiers' goal is to raise more than \$9 million in the next five years to fund new programs, such as providing video phones with prepaid service to allow soldiers abroad to regularly see their families.

Local drop-off points include area Fifth Third Banks and Watkins College of Art and Design.

For more information, visit www.cellphonesforsoldiers.com.